

The Liphe Balance Center &  Alliance for
Conscious Transitioning

Present:

The Art of Dying
Exploring Two Kinds of Dying
A Talk by Patricia Shelton
The Clear Light Society's Founding Director



Monday, April 17th 7-9pm
Liphe Balance Center Weston, CT

"We are honored to host Patricia Shelton.
Not to be missed to be fully alive in life and transition!"
~Barbara

During this evening, Ms. Shelton will be exploring two kinds of dying; relinquishing ego mind (letting go moment to moment) and the ultimate transformation of physical and subtle form.

We will hear about encounters with her core teachers: Trunga Rinpoche, Khyenste Rinpoche, Kalu Rinpoche, The Dalai Lama, and Zen Master Seung Sahn; and her journey uncovering wisdom treasures through a life of meditation, and further developing and refining a wide variety of techniques used to help countless individuals and families achieve "Peaceful Heart, Clear Mind" amidst life-threatening illness and to provide the foundation for the unfolding of rare, blissful, and ecstatic death.

\$10 pre-registration/\$15 that evening

**To register and for more information, please contact Melissa Lewis, RN BSN
860-529-2933 or asknursemelissa@hotmail.com**

For more information on this and all Liphe Balance Center events
please visit www.liphebalance.com or Facebook.com/LipheBalanceCenter

The Liphe Balance Center of Weston, CT
LipheBalance.com ~ 203.912.2791