

***The Liphe Balance Center
presents:***

**Metatron's Awakening Breath
with Gene Ang**

****Presence Healing Sessions Also Available****

Learn a special breathing technique not previously taught in this form which allows you to access deep states of consciousness and come into contact with your "I AM" presence.

Benefits of this breathing technique include:

- Superoxygenating your body and bloodstream.
- Entering and accessing deep states of meditative consciousness quickly and at will.
- Transforming your etheric body using regulated breathing.
- Making your body hardy and able to handle cold exposure.
- Awakening of the pineal gland.
- Learning a direct practice to experience your "I AM" presence.
- Activating the inner fire in your subtle energy system and awakening of the kundalini energy.
- Accessing non-dual states of awareness.
- Experiencing freedom from lethargy and depression.
- Developing balanced energy stores throughout the day.
- Activating your central channel of energy.
- Learning instructions on the practice of the illusory body.

Please bring meditation cushion, yoga mat, pillow, eye covering, pens, pencils, and notebook as needed. An mp3 recording of the breathing technique and activation will be provided afterwards to all participants.

**April 6th
6:30 - 9:30 PM
\$75**



Gene Ang, PhD graduated from Stanford and earned his doctorate in Neurobiology at Yale University. An energy medicine practitioner based in California, he offers private healing sessions and teaches seminars that focus on the integration of science, spirituality and healing. Gene also leads Sacred Journeys worldwide www.GeneAng.com

Email Barbara to reserve your space: liphebalance@gmail.com
For more information on this and all Liphe Balance Center events please visit www.liphebalance.com or [Facebook.com/LipheBalanceCenter](https://www.facebook.com/LipheBalanceCenter)

The Liphe Balance Center of Weston, CT
LipheBalance.com ~ 203.912.2791